

Alabama USA Gymnastics

2024 Fall Meet Information Book



Meet Information submitted by
meet hosts and links to meet
information as of 6/1/24



Alabama 2024 Compulsory Judges Cup

August 23-25, 2024

PROCEEDS USED FOR JUDGE'S EDUCATION AND DEVELOPMENT

Host: Alabama NAWGJ

Sites: Trussville Academy of Gymnastics
5381 Trussville Clay Rd, Bldg 2
Trussville, AL 35173

Meet Directors: Stephanie Kuhlmann (kuhlsteph21@gmail.com)

Equipment: AAI Equipment

Entry: \$80.00 Evaluation (Level 1-5)
\$80.00 Competition (Level 1-5)
\$50.00 Team Entry
Use the [USAG Meet Reservation System](#) for all gymnast entries.

Payment Options:

- Make checks payable to **AL NAWGJ** and mail payment to Stephanie Kuhlmann (104 Raphael Semmes W. Spanish Fort, AL 36527)
- Use Venmo (kuhlsteph21@gmail.com or @kuhl-stephanie)
- Use PayPal (kuhlsteph21@gmail.com)

Please submit team entries, evaluation entries, and specific requests to Stephanie Kuhlmann (kuhlsteph21@gmail.com)

**Deadline: Meet entry – August 4, 2024
Changes – August 11, 2024**

Awards: Event Medals 50% + 1
Medal to all gymnasts for All-Around
Team Awards after each session

Door Fees: Donation only

Schedule: To follow receipt of entries

EACH GYMNAST ENTERED RECEIVES A GIFT! GYM GIFTS! LOTS OF FUN!



2024 Bounders Beach Bash

School has started and prices are lower at the beach. Before it gets cold and your busy school schedule ramps up, come and join us one last time at the beach. Join us in Foley and enjoy Tropic Falls at OWA - Tropic Falls currently has 22 theme park rides along with an indoor waterpark. Downtown OWA has fabulous stores and restaurants and entertainment options. Both Tropic Falls and Downtown OWA are

adjacent to the Foley Event Center, our meet site. For meet registration, use the USAG online meet reservations system, and please pay your entry fees through MeetMaker.

Meet Dates: September 6-8, 2024

Meet Entry Fees

Levels 1-10, Xcel: \$110 Team: \$50

Deadlines:

Entries by August 9, 2024

Scratches by August 16, 2024

If there is an injury, email or bring a doctor's note for a possible refund.

Meet Site

Foley Event Center
1001 East Pride Boulevard
Foley, AL, 36535

Admission

Single Day

Adults: \$10 / Kids 6 and up: \$5

Kids 5 and under: Free

Weekend Pass

Adults: \$18 / Kids: \$8

Kids 5 and under: Free

Lodging

[Click here for lodging and Foley Info](#)

Meet Contacts

BoundersBeachBash@TheBamaBounders.com

Meet Director: Eric Kightlinger

Co-Meet Directors: Erin Kightlinger and Mike Holdefer

Vendors:

[Busy Bodies](#)

[Taylor Made Jewelry](#)

Sponsor:



September 21-22

2024

Redland Middle School

Hosted by
Titans Gymnastics



Spots are very limited.

Entry Fee
\$100

Team Entry Fee
\$50

Admissions: Adults \$10 / Kids (6-12) \$5
5 and under free

Full time coaches hospitality room
Unique event specific awards
Grand Champion and Team awards given
Gymnast gift tailored to your team
First Place Team Cash Prizes for winning coaches

Entry Deadline
August 9, 2024
Scratch Deadline
August 16, 2024

More Information at Titansgymnastics.com/clashohtetitans

Alabama Starz Presents the 2024
REACH for the STARZ

Birmingham Invitational
Open to all Compulsory, Xcel and HUGs Levels

Sept 27-29, 2024

Oak Mountain High School
5476 Caldwell Mill Rd
Birmingham, AL 35242

\$100 per gymnast, \$50 per team
Make check payable to Alabama Starz

Spectators: \$15 for adults (12+)
\$5 for children (5-11)
Under 5 years old are free

Registration Deadline is August 9th
Scratch Deadline is Sept 6th

***Submit Leo sizes by August 9th**

**these must be filled out via Google form emailed to you*

Contact Alabama Starz at alstarzmeets@gmail.com for any questions.





CENTRE STAGE INVITATIONAL

OCTOBER

4TH-6TH

2024

**The Venue at Coosa Landings
201 George Wallace Drive
Gadsden, AL 35903**

\$105

**Compulsory
Levels 1-5**

\$60

**Team
Fee**

Leotard Included!

Entry Deadline : August 26th, 2024

Scratch Deadline : September 2nd, 2024

Make Checks Payable to Zees Gymnastics

Register in Meet Reservations

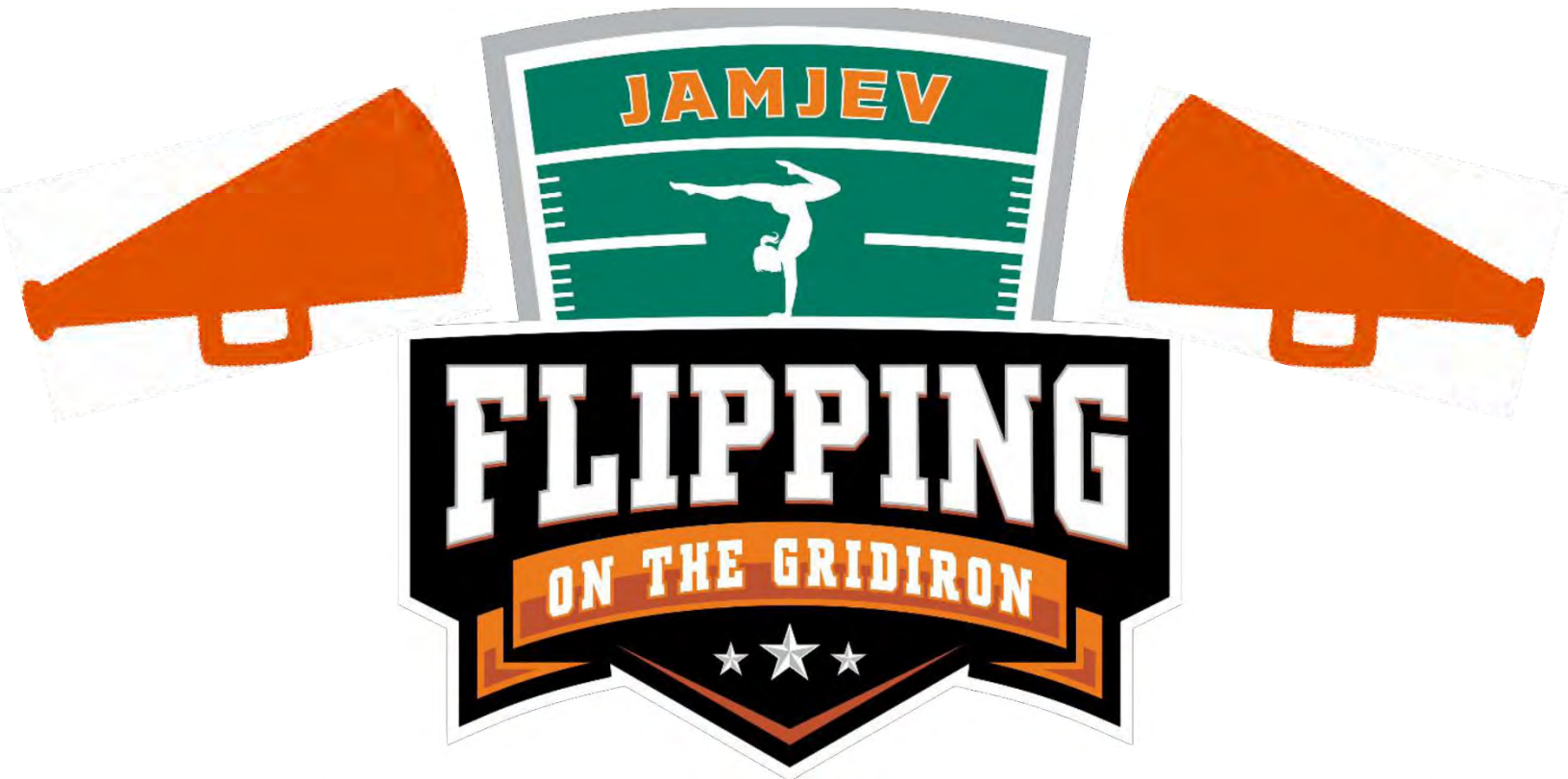
256-442-4200

tiffaniered@zeesgymnastics.com



OCTOBER 11-13, 2024

HOSTED BY JAMJEV



GYMNAST GIFT

TEAM AWARDS

COACHES GIFT

New this year: We are moving to the main competition gym featuring more seating and better overall views of the competition area!

Location: Hoover High School Main Gym

Gymnasts: \$100

Team: \$50

Levels 1-5 & Xcel

Entry Deadline: Sept. 6, 2024

Scratch Deadline: Sept. 20, 2024

Questions: FlippingOnTheGridiron@gmail.com

Girls Just Wanna Have Fun!

Host: Mountain Brook Gymnastics Foundation & AGEF

Site: The Mountain Brook Gymnastics Center

Mail Entries to:

Girls Just Wanna Have Fun!

P.O. Box 43267

Birmingham, AL 35243

Meet Director & Contact Info:

Helen Nabors

hbnabors@gmail.com

(205) 969 - 4889 [Phone]

www.mountainbrookgymnastics.com

Equipment:

AAI & GMR Level 4 Vault Stations

$\frac{3}{4}$ " Vault Runways 1 $\frac{3}{8}$ " thick

AAI Elite Uneven Bars

AAI Elite & Spieth Anderson "Crank" Beams

MIDWEST EAGLE 2000 PLASTIC SPRING FLOOR

Awards: Exceed USAG guidelines... We will award Team Champions after each session

Prizes will also be given to the coaches who come dressed to impress in their best 80's attire.

Entry Fees:

Levels 1 - 10 = \$100

Xcel-all levels= \$100

Team Entry = \$50 per Team Entered (The top 3 scores will constitute team awards.)

Teams will be kept together if at all possible.

Make checks payable to "A.G.E.F.", and please include each gymnast's t-shirt size on your entry forms .

Admission Fees:

Adults \$10

Children \$5

Deadlines:

Entries: September 4th

Scratches/Refunds: September 18th

Area Hotels:

Hilton Garden Inn SE/Liberty Park

205-503-5221



Planet Beach Meet 2024

Levels 1 - 5 & Xcel

October 25 - 27, 2024

| | |
|---------------------------|---|
| Host Site: | Planet Gymnastics - 900 Schillinger Rd S, Mobile, AL, 36695 |
| Meet Director: | Natasha Novikov |
| Equipment: | All AAI with super wide bars - Vault AAI. Vault per USAG policy - Runway ¼" |
| Format: | Modified Traditional - National XCEL Rules |
| Awards: | 100% All-Around Medals - 50% event medal/ribbon - Trophies for top 3 All-Around - 100% team awards (3 athletes to count) Awards will be on the competition floor after gymnasts have finished competing. |
| Age Determination: | USAG policy - Divided by date of birth |
| Scoring: | Electronic scoring with ProScore. 2 judge panels for all levels. |
| Schedule: | The schedule will be posted to the Planet website and Facebook page after the deadline. |
| Host Hotel: | Hampton Inn & Suites, Providence Park. Just 2 miles from the gym. Phone: (251)776-5866 |
| Contact: | Natasha Novikov - Phone (251) 650-0699 - E-mail: planetgymnasticsal@gmail.com |
| Entry Fees: | \$100 all levels - \$50 per team. |
| Admission: | \$7 for ages 6 and up - Kids 5 years and younger are free. |
| ENTRY DEADLINE: | <u>Friday, September 20, 2024</u> Mail to: Planet Gymnastics, PO Box 850602, Mobile, AL 36685 Scratch deadline September 27, 2024 |
| Concession: | There will be drinks and snacks available at concessions. |



November 1 - 3, 2024

USAG Levels 1-5, Xcel Bronze, Silver, Gold, Platinum HUGS
Hosted by United Gymstars and Cheer of Dothan

We are excited to invite you to our 2024 Peanut Invitational! We are located in Southeast Alabama - the perfect spot for a great multi-state competition!

Our meet offers a fun and memorable atmosphere, unique meet gifts, amazing food for coaches and judges making this a meet to remember.

Location:

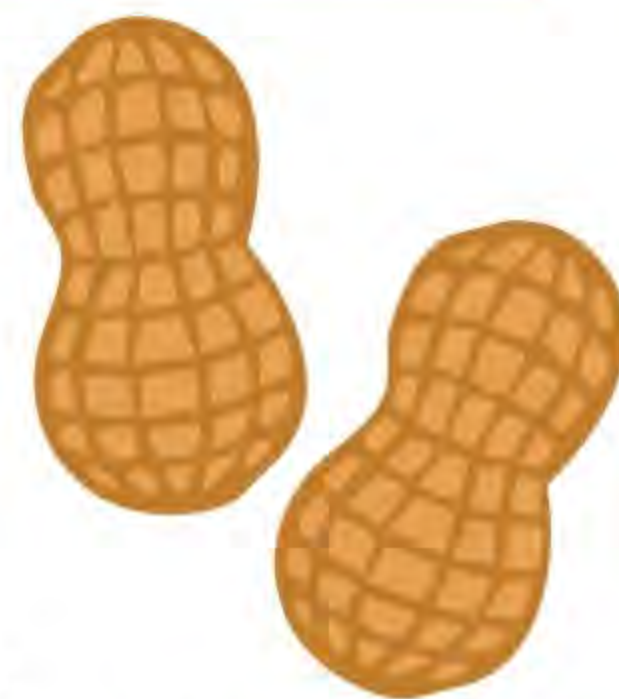
United Gymstars and Cheer of Dothan
210 Graceland Drive
Dothan, Alabama 36305

Website:

www.unitedgymstarsandcheer.com
(information under Host Events)

Meet Contact:

Sabrina Stephens - 334-284-2244
marketing@unitedgymstarsandcheer.com



Entry Fee:

\$110 per gymnast (welcome gift included)
Team Fee: \$0.00 No Team Fee!!

Make Checks Payable and mailed to:
United Gymstars and Cheer
Attention: Sabrina Stephens
210 Graceland Drive
Dothan, Alabama 36305

Deadline:

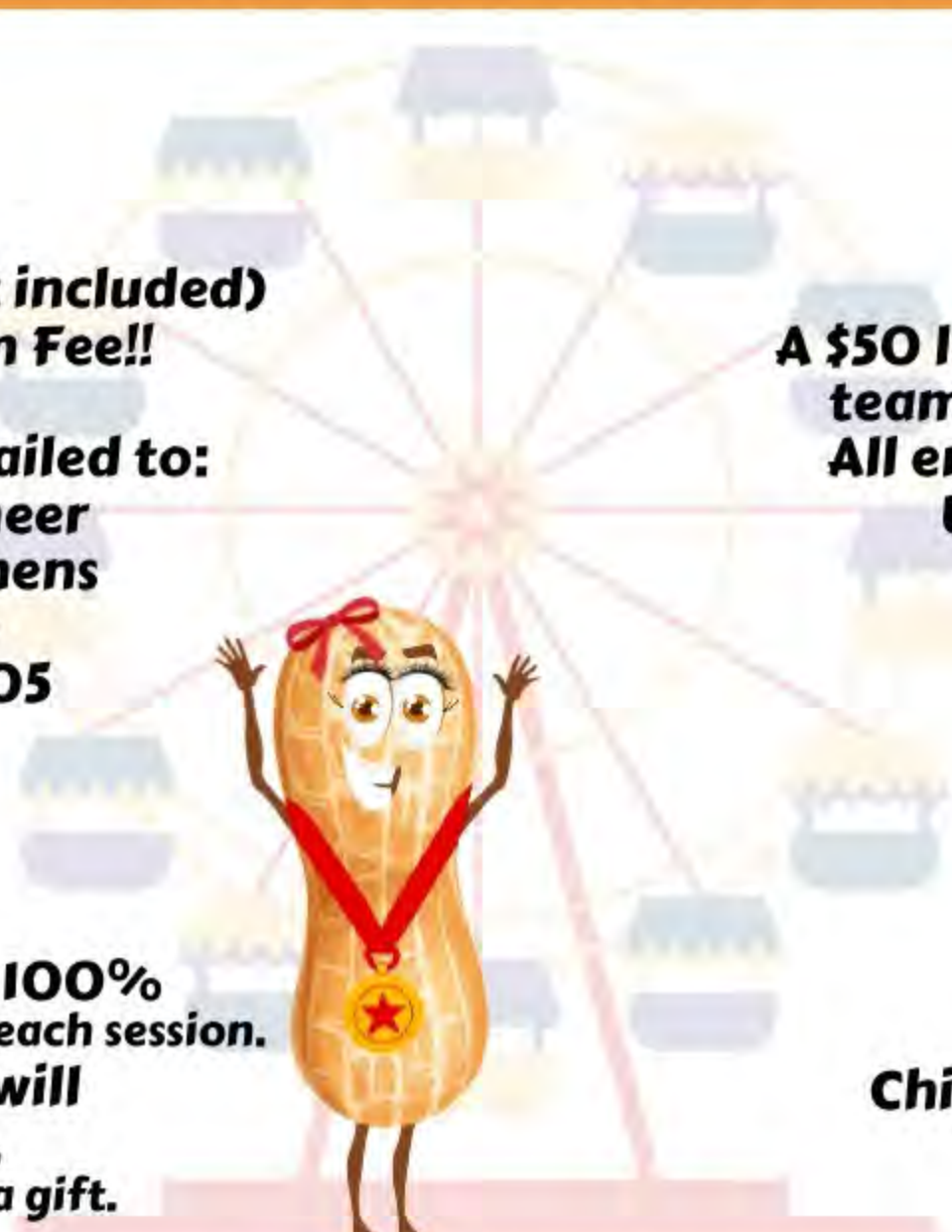
October 1, 2024
A \$50 late fee will be assessed to each team if registered after 10/1/24.
All entries must be completed on USA Gymnastics website

Awards:

Events - 50%+1 All Around - 100%
Grand Champion and Team Awards for each session.
All registered gymnasts will receive a welcome gift.
Late entries are not guaranteed a gift.

Admission:

\$10 Adults
\$5 Children ages 5-12
Children under 5, free admission



Check our website for any additional information. We are excited to welcome you to the Peanut Capital of the World during the National Peanut Festival! Make sure to check out www.nationalpeanutfestival.com for fun activities surrounding NPF 2024.

***For the safety of our gymnasts with peanut allergies, we will not have peanuts on site. However, there may be prepackaged products with traces of peanuts in the concession stand.**

IRON SHARPENS IRON

**NOVEMBER
1ST-3RD, 2024**



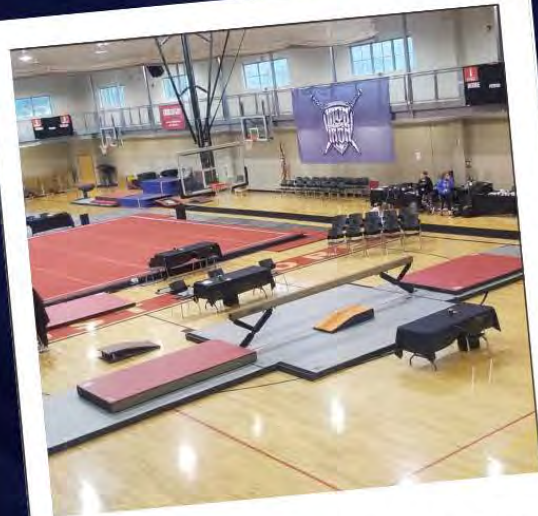
\$105

Compulsory Levels 1-5,
Xcel Bronze & Silver

**\$60 Team
Fee**

\$115

Optionals 6-10, Xcel Gold,
Platinum & Diamond



LEOTARD INCLUDED



**BATTLE OF THE GYMS
ROTATING TEAM
TROPHY!**



**ENTRY DEADLINE :
SEPT. 28, 2024**

**SCRATCH DEADLINE :
OCT. 4TH, 2024**

**MAKE CHECKS
PAYABLE TO ARK
WINGS GYM**

**SPRINGVILLE HIGH SCHOOL
8295 US HWY 11
SPRINGVILLE, AL 35146**

**REGISTER IN MEET
RESERVATIONS**

205-655-4333

RANIKADUNCAN@ARKGYM.COM

WWW.ARKGYM.COM/IRON



2024 Bama Rama Invitational

Join us for one of the longest running competitions not only in Alabama but in Region 8. Come be a part of the 36th annual Bama Rama in Tuscaloosa at the Belk Activity Center. Enjoy Tuscaloosa in the fall and compete in our dual gym format at Bama Rama. The coach's hospitality is second to none. We will be awarding the Patterson Award for the highest team score again this year. So make plans to join us in November.. For meet registration, use the USAG online meet reservations system, and please pay your entry fees through MeetMaker.

Meet Dates: November 8-10, 2024

Meet Entry Fees

Levels 1-10, Xcel: \$110 Team: \$50

Deadlines:

Entries by October 11, 2024

Scratches by October 18, 2024

If there is an injury, email or bring a doctor's note for a possible refund.

Meet Site

Belk Activity Center
2101 Bowers Park Dr
Tuscaloosa, AL, 35405

Admission

Single Day
Adults: \$10 / Kids 6 and up: \$5
Kids 5 and under: Free

Weekend Pass
Adults: \$18 / Kids: \$8
Kids 5 and under: Free

Lodging

Hotel Indigo is our host hotel.

[Local AirBnB](#)

Meet Contacts

BamaRama@TheBamaBounders.com

Meet Director: Eric Kightlinger

Co-Meet Directors: Erin Kightlinger and Mike Holdefer

Vendors:

[Busy Bodies](#)

[Taylor Made Jewelry](#)

Sponsor:

TUSCALOOSA
TOURISM & SPORTS



**Please mark these dates on your calendar.
We would love for you to attend our Annual Veterans Day
Classic!**

Legacy Gymnastics – 260 Applegate Parkway, Pelham, Alabama 35124 - 205.406.5362

www.legacygymnastics.com

Veteran's Day Classic – Nov. 15th-16th: Girls: Levels 1 – 5, Xcel All Levels, HUGS

For meet registration use the [USAG](#) online meet reservation system.

Veteran's Day Classic – Girls: Levels 1-2 = \$80
Levels 3-5 & Xcel= \$85
Team Fee: \$50

Entry Deadline: Oct. 1st, 2024

**Please pay Via Venmo- @Brianna-Mitchell-1 or make checks payable to
"Legacy Gymnastics". Include each gymnast's T-shirt size with your check
or send via email to Foxybri24@aol.com**

Refund Deadline: Oct. 8th, 2024

Late Fee: \$25 per gymnast after the deadline

Admissions: **Veteran's Day Classic** = \$10 Adults, \$8 Children





Mark Your Calendars!

Register at Meet Reservations on USAG site
Email entries to: aacoachmissy@gmail.com
Checks Payable to: "Armory Athletics"
Mail to: 1018 Madison Ave., Montgomery, AL 36104

Meet Location: The Multiplex at Cramton Bowl, 220 Hall St., Montgomery, AL 36104

Women's Compulsory Blue Gray Invitational November 22-24, 2024

*Entry Fee: \$115
Team Entry: \$50
Entry: October 6, 2024
Scratch: October 13, 2024*

Xcel & Optional Winter Blue Gray February 7-9, 2025

*Entry Fee: \$125
Team Entry: \$50
Entry: December 15, 2024
Scratch: January 02, 2025*



2024 Alabama Compulsory State Championships

Celebrate our compulsory gymnasts' accomplishments at our State Championships at the Foley Event Center. Join us in Foley and enjoy Tropic Falls at OWA - Tropic Falls currently has 22 theme park rides along with an year-round indoor waterpark. Downtown OWA has fabulous stores and restaurants. Both Tropic Falls and Downtown OWA are adjacent to the Foley Event Center, our meet site. For meet registration, use the USAG online meet reservations system, and please pay your entry fees through MeetMaker.

Meet Dates: December 6-8, 2024

Meet Entry Fees

Levels 1-5 \$113 Team: \$50

Deadlines:

Entries by November 8, 2024

Scratches by November 15, 2024

Non-Qualified Scratches – Nov. 25, 2024
by 5PM CST

If there is an injury, email or bring a doctor's note for a refund.

Meet Site

Foley Event Center
1001 East Pride Boulevard
Foley, AL, 36535

Admission

Single Day

Adults: \$10 / Kids 6 and up: \$5

Kids 5 and under: Free

Weekend Pass

Adults: \$25

Kids 5 and under: Free

Lodging

[Click here for lodging and Foley Info](#)

Meet Contacts

Meets@TheBamaBounders.com

Meet Director: Eric Kightlinger

Co-Meet Directors: Erin Kightlinger and Mike Holdefer

Vendors:

[Busy Bodies](#)

[Taylor Made Jewelry](#)

Sponsor:

