

Girls Just Wanna Have Fun!

Host: Mountain Brook Gymnastics Foundation & AGEF

Site: The Mountain Brook Gymnastics Center

Mail Entries to:

Girls Just Wanna Have Fun!

P.O. Box 43267

Birmingham, AL 35243

Meet Director & Contact Info:

Helen Nabors

hbnabors@gmail.com

(205) 969 - 4889 [Phone]

www.mountainbrookgymnastics.com

Equipment:

AAI & GMR Level 4 Vault Stations

$\frac{3}{4}$ " Vault Runways 1 $\frac{3}{8}$ " thick

AAI Elite Uneven Bars

AAI Elite & Spieth Anderson "Crank" Beams

MIDWEST EAGLE 2000 PLASTIC SPRING FLOOR

Awards: Exceed USAG guidelines... We will award Team Champions after each session

Prizes will also be given to the coaches who come dressed to impress in their best 80's attire.

Entry Fees:

Levels 1 - 10 = \$100

Xcel-all levels= \$100

Team Entry = \$50 per Team Entered (The top 3 scores will constitute team awards.)

Teams will be kept together if at all possible.

Make checks payable to "A.G.E.F.", and please include each gymnast's t-shirt size on your entry forms .

Admission Fees:

Adults \$10

Children \$5

Deadlines:

Entries: September 4th

Scratches/Refunds: September 18th

Area Hotels:

Hilton Garden Inn SE/Liberty Park

205-503-5221