

Alabama USA  
Gymnastics

**2024 Fall  
Meet  
Information  
Book**



Meet Information submitted by  
meet hosts and links to meet  
information as of 6/1/24



## Alabama 2024 Compulsory Judges Cup

August 23-25, 2024

PROCEEDS USED FOR JUDGE'S EDUCATION AND DEVELOPMENT

Host: Alabama NAWGJ

Sites: Trussville Academy of Gymnastics  
5381 Trussville Clay Rd, Bldg 2  
Trussville, AL 35173

Meet Directors: Stephanie Kuhlmann ([kuhlsteph21@gmail.com](mailto:kuhlsteph21@gmail.com))

Equipment: AAI Equipment

Entry: \$80.00 Evaluation (Level 1-5)  
\$80.00 Competition (Level 1-5)  
\$50.00 Team Entry  
Use the [USAG Meet Reservation System](#) for all gymnast entries.

### Payment Options:

- Make checks payable to **AL NAWGJ** and mail payment to Stephanie Kuhlmann (104 Raphael Semmes W. Spanish Fort, AL 36527)
- Use Venmo ([kuhlsteph21@gmail.com](mailto:kuhlsteph21@gmail.com) or @kuhl-stephanie)
- Use PayPal ([kuhlsteph21@gmail.com](mailto:kuhlsteph21@gmail.com))

**\*Please submit team entries, evaluation entries, and specific requests to Stephanie Kuhlmann ([kuhlsteph21@gmail.com](mailto:kuhlsteph21@gmail.com))\***

**Deadline: Meet entry – August 4, 2024  
Changes – August 11, 2024**

Awards: Event Medals 50% + 1  
Medal to all gymnasts for All-Around  
Team Awards after each session

Door Fees: Donation only

Schedule: To follow receipt of entries

**EACH GYMNAST ENTERED RECEIVES A GIFT! GYM GIFTS! LOTS OF FUN!**



# 2024 Bounders Beach Bash

School has started and prices are lower at the beach. Before it gets cold and your busy school schedule ramps up, come and join us one last time at the beach. Join us in Foley and enjoy Tropic Falls at OWA - Tropic Falls currently has 22 theme park rides along with an indoor waterpark. Downtown OWA has fabulous stores and restaurants and entertainment options. Both Tropic Falls and Downtown OWA are

adjacent to the Foley Event Center, our meet site. For meet registration, use the USAG online meet reservations system, and please pay your entry fees through MeetMaker.

## Meet Dates: September 6-8, 2024

## Meet Entry Fees

Levels 1-10, Xcel: \$110 Team: \$50

## Deadlines:

Entries by August 9, 2024

Scratches by August 16, 2024

If there is an injury, email or bring a doctor's note for a possible refund.

## Meet Site

Foley Event Center  
1001 East Pride Boulevard  
Foley, AL, 36535

## Admission

Single Day

Adults: \$10 / Kids 6 and up: \$5

Kids 5 and under: Free

Weekend Pass

Adults: \$18 / Kids: \$8

Kids 5 and under: Free

## Lodging

[Click here for lodging and Foley Info](#)

## Meet Contacts

[BoundersBeachBash@TheBamaBounders.com](mailto:BoundersBeachBash@TheBamaBounders.com)

Meet Director: Eric Kightlinger

Co-Meet Directors: Erin Kightlinger and Mike Holdefer

Vendors:

[Busy Bodies](#)

[Taylor Made Jewelry](#)

Sponsor:



# September 21-22

## 2024

# Redland Middle School

Hosted by  
Titans Gymnastics



Spots are very limited.

Entry Fee  
**\$100**

Team Entry Fee  
**\$50**

Admissions: Adults \$10 / Kids (6-12) \$5  
5 and under free

Full time coaches hospitality room  
Unique event specific awards  
Grand Champion and Team awards given  
Gymnast gift tailored to your team  
First Place Team Cash Prizes for winning coaches

Entry Deadline  
August 9, 2024

Scratch Deadline  
August 16, 2024

More Information at [Titansgymnastics.com/clashothetitans](https://Titansgymnastics.com/clashothetitans)



Alabama Starz Presents the 2024  
**REACH for the STARZ**

**Birmingham Invitational**  
**Open to all Compulsory, Xcel and HUGs Levels**

Sept 27-29, 2024

Oak Mountain High School  
5476 Caldwell Mill Rd  
Birmingham, AL 35242

**\$100 per gymnast, \$50 per team**  
*Make check payable to Alabama Starz*

Spectators: \$15 for adults (12+)  
\$5 for children (5-11)  
Under 5 years old are free

**Registration Deadline is August 9th**  
**Scratch Deadline is Sept 6th**

**\*Submit Leo sizes by August 9th**

*\*these must be filled out via Google form emailed to you*

Contact Alabama Starz at [alstarzmeets@gmail.com](mailto:alstarzmeets@gmail.com) for any questions.







**November 1 - 3, 2024**

**USAG Levels 1-5, Xcel Bronze, Silver, Gold, Platinum HUGS**  
Hosted by United Gymstars and Cheer of Dothan

**We are excited to invite you to our 2024 Peanut Invitational! We are located in Southeast Alabama - the perfect spot for a great multi-state competition!**

**Our meet offers a fun and memorable atmosphere, unique meet gifts, amazing food for coaches and judges making this a meet to remember.**

**Location:**

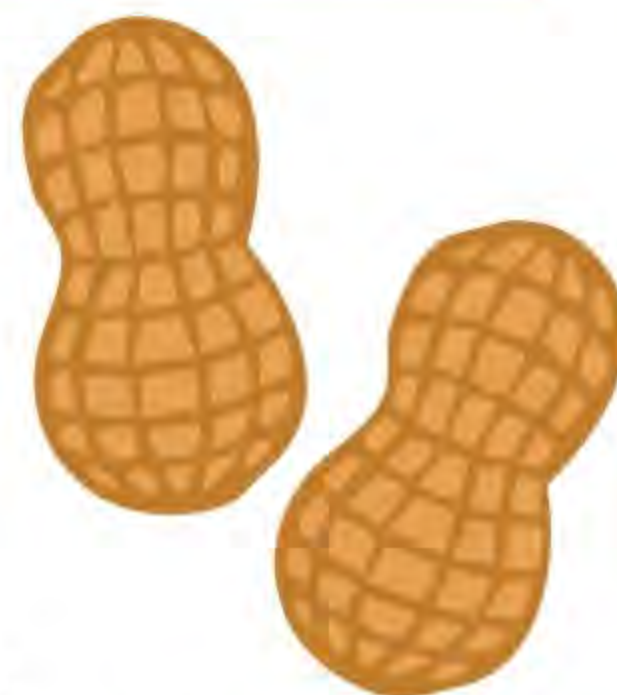
**United Gymstars and Cheer of Dothan  
210 Graceland Drive  
Dothan, Alabama 36305**

**Website:**

**[www.unitedgymstarsandcheer.com](http://www.unitedgymstarsandcheer.com)  
(information under Host Events)**

**Meet Contact:**

**Sabrina Stephens - 334-284-2244  
[marketing@unitedgymstarsandcheer.com](mailto:marketing@unitedgymstarsandcheer.com)**



**Entry Fee:**

**\$110 per gymnast (welcome gift included)  
Team Fee: \$0.00 No Team Fee!!**

**Make Checks Payable and mailed to:  
United Gymstars and Cheer  
Attention: Sabrina Stephens  
210 Graceland Drive  
Dothan, Alabama 36305**

**Deadline:**

**October 1, 2024  
A \$50 late fee will be assessed to each team if registered after 10/1/24.  
All entries must be completed on USA Gymnastics website**

**Awards:**

**Events - 50%+1 All Around - 100%  
Grand Champion and Team Awards for each session.  
All registered gymnasts will receive a welcome gift.  
Late entries are not guaranteed a gift.**

**Admission:**

**\$10 Adults  
\$5 Children ages 5-12  
Children under 5, free admission**



**Check our website for any additional information. We are excited to welcome you to the Peanut Capital of the World during the National Peanut Festival! Make sure to check out [www.nationalpeanutfestival.com](http://www.nationalpeanutfestival.com) for fun activities surrounding NPF 2024.**

**\*For the safety of our gymnasts with peanut allergies, we will not have peanuts on site. However, there may be prepackaged products with traces of peanuts in the concession stand.**





**Please mark these dates on your calendar.  
We would love for you to attend our Annual Veterans Day  
Classic!**

**Legacy Gymnastics – 260 Applegate Parkway, Pelham, Alabama 35124 - 205.406.5362**

**[www.legacygymnastics.com](http://www.legacygymnastics.com)**

**Veteran's Day Classic** – Nov. 15<sup>th</sup>-16<sup>th</sup>: Girls: Levels 1 – 5, Xcel All Levels, HUGS

For meet registration use the [USAG](#) online meet reservation system.

**Veteran's Day Classic** – Girls: Levels 1-2 = \$80  
Levels 3-5 & Xcel= \$85  
Team Fee: \$50

Entry Deadline: Oct. 1<sup>st</sup>, 2024

**Please pay Via Venmo- @Brianna-Mitchell-1 or make checks payable to  
"Legacy Gymnastics". Include each gymnast's T-shirt size with your check  
or send via email to [Foxybri24@aol.com](mailto:Foxybri24@aol.com)**

Refund Deadline: Oct. 8<sup>th</sup>, 2024

Late Fee: \$25 per gymnast after the deadline

Admissions: **Veteran's Day Classic** = \$10 Adults, \$8 Children







# Mark Your Calendars!

Register at Meet Reservations on USAG site  
Email entries to: [aacoachmissy@gmail.com](mailto:aacoachmissy@gmail.com)  
Checks Payable to: "Armory Athletics"  
Mail to: 1018 Madison Ave., Montgomery, AL 36104

Meet Location: The Multiplex at Cramton Bowl, 220 Hall St., Montgomery, AL 36104

## ***Women's Compulsory Blue Gray Invitational November 22-24, 2024***

*Entry Fee: \$115  
Team Entry: \$50  
Entry: October 6, 2024  
Scratch: October 13, 2024*

## ***Xcel & Optional Winter Blue Gray February 7-9, 2025***

*Entry Fee: \$125  
Team Entry: \$50  
Entry: December 15, 2024  
Scratch: January 02, 2025*





# CENTRE STAGE INVITATIONAL

**OCTOBER**

**4TH-6TH**

**2024**

**The Venue at Coosa Landings  
201 George Wallace Drive  
Gadsden, AL 35903**

**\$105**

**Compulsory  
Levels 1-5**

**Leotard Included!**

**\$60**

**Team  
Fee**

**Entry Deadline : August 26th, 2024**

**Scratch Deadline : September 2nd, 2024**

**Make Checks Payable to Zees Gymnastics**

**Register in Meet Reservations**

**256-442-4200**

**tiffaniered@zeesgymnastics.com**





# IRON SHARPENS IRON

**NOVEMBER  
1ST-3RD, 2024**



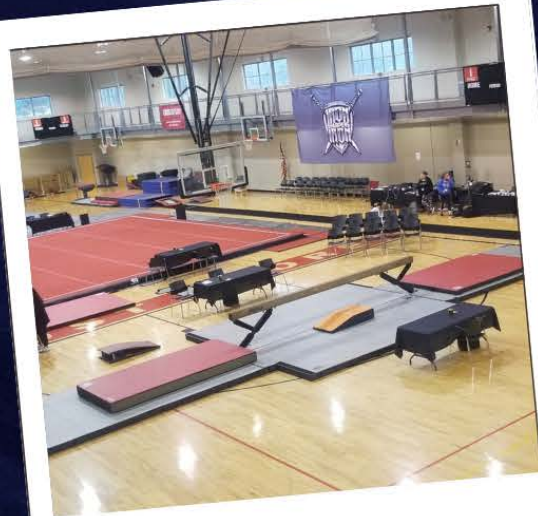
**\$105**

Compulsory Levels 1-5,  
Xcel Bronze & Silver

**\$60 Team  
Fee**

**\$115**

Optionals 6-10, Xcel Gold,  
Platinum & Diamond



**LEOTARD INCLUDED**



**BATTLE OF THE GYMS  
ROTATING TEAM  
TROPHY!**



**ENTRY DEADLINE :  
SEPT. 28, 2024**

**SCRATCH DEADLINE :  
OCT. 4TH, 2024**

**MAKE CHECKS  
PAYABLE TO ARK  
WINGS GYM**

**SPRINGVILLE HIGH SCHOOL  
8295 US HWY 11  
SPRINGVILLE, AL 35146**

**REGISTER IN MEET  
RESERVATIONS**

**205-655-4333**

**RANIKADUNCAN@ARKGYM.COM**

**WWW.ARKGYM.COM/IRON**



# Magic City Invitational

Jan. 31<sup>st</sup> - Feb. 2<sup>nd</sup> 2025



Hosted by  
Mountain Brook  
Gymnastics



# Magic City Invitational

Host: Mountain Brook Gymnastics Foundation and AGEF

Site: The Mountain Brook Gymnastics Center

Mail Entries to:

Magic City Invitational  
P.O. Box 43267  
Birmingham, AL. 35243

Meet Director and Contact Info:

Helen Nabors  
Email: Hbnabors@gmail.com  
Phone: (205)969-4889

Equipment:

AAI & GMR Vault Stations\* Vault Runways 1 3/8" Thick\* AAI Elite Uneven Bars  
AAI Elite and Janssen Fritsen Balance Beams\* Midwest Eagle 2000 Plastic Spring FX

Awards: Exceed USAG guidelines. We will award team champions after each session.

Entry Fees:

Xcel and Levels 1 – 10: \$125  
Team Entry: \$50 per team entered (The top 3 scores will comprise the team score)

***Make checks payable to: A.G.E.F.***

***Please include t-shirt sizes with entries***

Admission Fees:

Adults: \$10  
Children: \$5  
Seniors: \$8

Deadlines:

**Entries: Friday, December 15th**  
**Scratches/Refunds: January 3<sup>rd</sup>**

Hotel Information:

Hilton Garden Inn at Liberty Park  
2090 Urban Center Parkway  
Birmingham, AL, 35242  
(205)503-5220





F E B R U A R Y  
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U S A G  
S A N C T I O N E D  
L E V E L S 2 - 1 0 ,  
X C E L &  
H U G S



## Entry Fees & Deadlines:

Early Bird Discount (October 3)- \$115

Entry Deadline (November 21)- \$125

Team Fee- \$55 per team

Full Scratch Refund (December 5)

Partial Scratch Refund (January 10)

Level Change Deadline (January 10)

Submit entries through the [USAG Meet Reservations Site](#). Mail entry check including athlete and team fees payable to ESBC to P.O. Box 2725, Auburn, AL 36831 by deadline.

## Meet Information:

Meet Director: Christie Leigh McHugh,  
[acmeetdirector@gmail.com](mailto:acmeetdirector@gmail.com)

Meet Location: Auburn JHS New Gym  
405 S. Dean Road, Auburn AL

AAI Equipment Provided By:

The Equipment Guy

Scoring and Sound Provided By:

ProScore Meet Plus

Meet Vendors: TBA

Admissions: \$10 Adult; \$5 Children (4 & under free); \$15 Weekend pass

Meet Gift: Higo Leo (upon entry, you will receive a link to submit your leo sizes; submit by November 21)